



It is another first for GISSA!

In 2024, GISSA adds another new Event to its schedule with the inaugural GISSA Triathlon Championships.

And what a location to make this debut!

The picturesque Eastern Beach is set to provide a stunning backdrop for students from our Member Schools – as they swim, ride and run along the Geelong waterfront.

This Event is open to students from Year 7 to Year 12, with individual students set to be crowned as Champions at the Junior Level (Year 7-8), Intermediate (Year 9-10 and Senior (Year 11-12) Age Groups.

We are anticipating this will be the first of many Triathlon Championships in the years to come – so good luck to all competitors involved.

Continue reading below for all the details for this spectacular Event.

## **Race Distance**

## Race Distance

Junior - Yr. 7 & 8	150 m SWIM	4.2 Km CYCLE	2 Km RUN
Intermediates - Yr. 9 & 10	150 m SWIM	4.2 Km CYCLE	2 Km RUN
Seniors - Yr. 11 & 12	150 m SWIM	5.6 Km CYCLE	2 Km RUN



## **Event Schedule**

Set up from 7:00am

8:30-8:45am Arrival

9:10am Heads of Sport/Staff briefing @ GISSA Marquee

9:30am Junior Boys and Girls Start

10:10am Intermediate Boys and Girls Start.

10:50am Senior Boys and Girls

Finish 11:20am

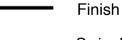
Presentations 11:40am

Roads must be ready to reopen at 12:15pm

\*Times subject change







Swim Leg

Run Leg

→ Bike Leg

# Turn Around area for bike leg



Water Safety Officers

Track Supervisors (Staff)

Drink Stations x 3

Car



Transition Area